



SEEC

A LEARNING COMMUNITY

Resources for families with
young children.

The Sun Infants

Key Concepts & Ideas:	<ul style="list-style-type: none">• The sun helps to keep us warm.• The sun provides light.• Sometimes we can see the sun in the sky, but sometimes we cannot.
Paint the Sky:	<ul style="list-style-type: none">• Talk about the colors we see in the sky when it's sunny.• Provide paint in shades of blue, yellow, and white. Encourage your child to paint however they wish.• Talk about how they're creating the sky using these colors.• If possible, paint while outside or near a window. Discuss how their painting looks similar to and different from the sky.
Outdoor Walk:	<ul style="list-style-type: none">• While outside, look at the sky and notice the sun and the clouds.<ul style="list-style-type: none">-Discuss what the sky looks like.-Talk about the colors you see.-Use words such as sunny, cloudy, light, and dark.• Compare how the sky looks today to other days.<ul style="list-style-type: none">-Is it sunnier now?-Remember the other day when it rained?-Do the clouds look different?
Light Box:	<ul style="list-style-type: none">• Find a box with a clear lid (a storage bin or Tupperware works well). Put small white lights inside the box and turn them on (if you don't have twinkle style lights, try a flashlight instead). For more instructions visit: https://theimaginationtree.com/diy-light-box-for-sensory-play/.• Put objects on top of the light box. Notice that some objects let light through and others do not.• Create sky art on top of the light box.<ul style="list-style-type: none">-Help your child to rip blue and yellow paper to make



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	<p>the sun and the sky. -Use cotton balls for the clouds. -Discuss how the sky they created looks and compare it to the sky outside.</p>
Shadow Play:	<ul style="list-style-type: none">• Find a sunny spot outside where you can make shadows. Help your child move their body and point out how their shadow moves too. Discuss how the sun makes shadows.• Look around and see what other objects have shadows. Compare our shadows to these shadows. Talk about size and shape.
Flashlight Play:	<ul style="list-style-type: none">• Turn the lights off in the room and help your child explore with a flashlight. Help them to turn the flashlight on and off and discuss what they see.• Shine the flashlight on colored sheets of paper (if available), and pretend the flashlight is the sun. Hold the paper over the flashlight – how does this change the light that we see?• See if you can make shadows using the flashlight.